

## Spa Appointments

Contact Front Desk  
(760) 758-2800  
frontdesk@vistavalley.com

Enhance your  
Signature Massage  
with Aromatherapy  
\$15

Please arrive 10 minutes  
prior to your appointment.  
For all Spa Services a  
24-hour cancellation  
policy is required.  
A 18% gratuity plus tax  
is automatically added  
to your service.

# Vista Valley Country Club

## Spa Services

### **Vista Valley Signature Massage**

Our signature Swedish Massage creates the shift from busy to relaxed. Blissful, reviving hot towel compresses are combined with massage techniques tailored to your specific needs. We finish with calming strokes providing instant relief and relaxation. 50 minutes \$75 80 minutes \$110

### **Vista Valley Signature Deep Tissue Massage**

Our Signature Deep Tissue Massage will target specific areas of the body using deep tissue and neuromuscular techniques to soothe areas of chronic pain or tension with firm pressure. 50 minutes \$85 80 minutes \$120

### **Hot Stone Massage**

Our Hot Stone Massage will have you in a relaxing state with heated river stones that will penetrate relaxing warmth to the deep layers of your muscles. 80 minutes \$130

### **Transformation Infused Facial**

This stimulating facial offers advanced resurfacing for immediate radiance. An instant cooling mask treatment detoxifies and minimizes the appearance of pores and offers immediate firming and nourishment. A dual peel mixture erases fine line, wrinkles, blemishes, and rough textured skin. Advanced peptide performance offers much fresher, younger, and smoother skin. 50 minutes \$75

### **Re-Fueling Men's Facial**

Correct the first signs of aging and extract impurities with this Signature Men's Facial. Gently exfoliate, un-clog pores, protect, and even out skin tone with peptides, fruit enzymes, and a variety of antioxidants. Peptides and growth factor activators will increase elasticity and firmness of the skin, while delivering proper nourishment. 50 minutes \$75

### **Lime Blossom Waterless Scrub**

A full body gentle exfoliation treatment which uses sustainably harvested sugarcane in a heavenly scented macadamia crème base. This scrub cleanses, softens, and stimulates blood flow to the skin. After the scrub has melted away, a full body application of nourishing crème leaves skin soft and supple. 50 minutes \$95