

Vista Valley Country Club

Lunch Menu Winter 2019

Soup du Jour ~ 6/8

Salad Corner

Caesar Salad ~ 11 *

romaine lettuce | tuscan kale | parmigiano reggiano | croutons | pickled anchovies
caesar dressing

Vista Valley Pear Salad ~ 10 *

butter leaf lettuce | asian pears | bleu cheese crumbles | candied walnuts
sweet onion dressing

grilled chicken ~ 4 | blackened shrimp ~ 6

Chopped Salad ~ 15 GF

romaine lettuce | turkey | salami | feta cheese | artichoke | avocado | cherry tomatoes
italian dressing

Asian Chicken Salad ~ 15

napa cabbage | chicken | rice noodles | wontons | almonds | green onion
sesame dressing

Cobb Salad ~ 14 GF

smoked turkey breast | ham | bacon | tomato | egg | avocado | bleu cheese crumbles
blue cheese dressing

Steak Salad ~ 16 GF

new york steak | roasted beets | marble potatoes | balsamic onions
point Reyes blue cheese | grain mustard dressing

Pumpkin Crusted Salmon Salad ~ 16 GF

butternut squash | baby kale | shaved brussels sprouts | yogurt avocado dressing

Cal-a-Vie

Pan Seared 3oz Beef Tenderloin ~ 19 GF

roasted red potatoes | grilled asparagus
parsley chimichurri

Seared 4oz Local Baja Halibut ~ 19 GF

wilted spinach | blistered cherry tomatoes
red pepper vinaigrette

Chef's Selections

Seafood Pappardelle ~ 18

shrimp | clams | crab | lobster cream

Tuna Poke Bowl ~ 16

ahi | avocado | cucumber | edamame | carrot | sticky rice | seaweed salad | daikon sprouts
spicy mayo | eel sauce | sesame dusted wonton bowl

Blackened Fish Tacos ~ 15 GF

blackened snapper | cabbage | pickled red onion | cilantro lime dressing | avocado
roasted salsa

Teriyaki Mahi Mahi Bowl ~ 16

brown rice | broccoli rabe | green papaya slaw

Chicken Quesadilla ~ 13

chicken | flour tortilla | cheddar jack cheese | sour cream | guacamole | roasted salsa

Sandwiches & Such

includes choice of: french fries | cottage cheese | coleslaw | onion rings

Grilled Black Angus Cheeseburger ~ 14

cheddar cheese | monterey jack cheese | bacon | tomato | lettuce | red onion | pickles
brioche bun

Crispy Chicken Sandwich ~ 14

slaw | creamy avocado dressing | pretzel bun

Angus Beef Meatloaf Sandwich ~ 14

swiss cheese | bacon | pickles | dijon mustard | sourdough

French Dip ~ 14

tender prime rib | swiss cheese | au jus | deli roll

Smoked Turkey Club ~ 14

smoked turkey | ham | bacon | lettuce | tomato | cheddar cheese | avocado | mayo
toasted sourdough

Mushroom Quinoa Burger ~ 14 *

tomato aioli | lettuce | caramelized onions | brioche bun

Flatbreads

Meat Lover's ~ 13

sausage | pepperoni | tomato | mozzarella cheese

Hawaiian ~ 13

ham | pineapple | bacon bits | red onion

Executive Chef Saul Romero

* ~ Vegetarian ** ~ Vegan GF ~ Gluten Free